



The Ayurvedic Healing Village

PALAKKAD · KERALA · INDIA

Outpatient & Day Treatment Rates

Single Ayurvedic treatments, consultations and classes for patients attending by the day, without admission. Every treatment is given under the supervision of an Ayurvedic physician (BAMS, India).

Edition · English · US Dollars

Rates effective · from 1 October 2025

Ref. KTAHV/OPD/EN-USD/20260928-R1 · Issued 28 September 2026



How day treatment works

Kairali — The Ayurvedic Healing Village is an NABH-accredited Ayurvedic hospital at Kodumbu, Palakkad. Patients who live nearby, or who are staying elsewhere, may attend for single treatments by the day rather than being admitted to a residential programme.

Every course of day treatment begins with an **outpatient consultation**. An Ayurvedic physician (BAMS, India) examines the patient and writes a treatment plan; the treatments on the following pages are then given by trained therapists as that plan prescribes. Treatments are not booked directly from the list without a consultation.

The durations shown are the published treatment times.

TERMS YOU WILL MEET

Dhara

A continuous pour of warm medicated liquid — oil, buttermilk or milk — over the body or forehead.

Kizhi

A warm cloth bolus of herbs, rice, lemon or sand, pressed over the body.

Vasthi

Warm medicated oil held in a dough dam over a joint or the spine; also medicated enema.

Netra

The eye — Netra Dhara and Netra Tarpanam are eye treatments.



PULSE EXAMINATION (NADI PARIKSHA) AT THE OUTPATIENT CONSULTATION

GST AND THE TREATMENT PLAN

Under Government of India GST regulations, Ayurvedic treatment services administered by an NABH-accredited hospital as part of a plan prescribed by an Ayurvedic physician registered in India are exempt from GST. The rates in this list are therefore GST-exempt when taken as part of such a plan. Treatments taken without a consultation or prescribed plan may attract GST at the prevailing rate, currently 18%.

BEFORE YOU COME

Bring recent medical reports and a list of current medication for the consultation.

Outpatient day treatment rates

US Dollars, per treatment
Per treatment · under a physician's plan
Effective from 1 October 2025

NO.	TREATMENT	DURATION	RATE
1	Abhyangam (four-handed therapy)	45 min	\$ 63
2	Sirodhara (Thaila Dhara)	55 min	\$ 86
3	Takra Dhara	55 min	\$ 89
4	Dhanyamala Dhara	55 min	\$ 89
5	Pizhichil	55 min	\$ 80
6	Ela Kizhi	55 min	\$ 71
7	Manjal Kizhi	45 min	\$ 77
8	Kadi Kizhi	55 min	\$ 74
9	Naranga Kizhi	55 min	\$ 77
10	Manal Kizhi	50 min	\$ 71
11	Podi Kizhi	50 min	\$ 71
12	Navara Kizhi	45 min	\$ 80
13	Thalapothichil	45 min	\$ 76
14	Ksheera Dhoomam	30 min	\$ 46
15	Siro Vasthi	30 min	\$ 71
16	Uro Vasthi	45 min	\$ 67
17	Janu Vasthi	45 min	\$ 54
18	Greeva Vasthi	45 min	\$ 54
19	Kati Vasthi	45 min	\$ 54
20	Matra Vasthi	20 min	\$ 54
21	Kashaya Vasthi	20 min	\$ 71

Outpatient day treatment rates

US Dollars, per treatment
GST-exempt under a prescribed plan
Effective from 1 October 2025

NO.	TREATMENT	DURATION	RATE
22	Udhwarthanam (powder massage)	50 min	\$ 71
23	Udgharshanam (wet powder massage)	50 min	\$ 76
24	Nasyam	30 min	\$ 50
25	Pichu	30 min	\$ 54
26	Lepam	30 min	\$ 50
27	Thalam	30 min	\$ 50
28	Dhoopanam	10 min	\$ 31
29	Netra Dhara	30 min	\$ 50
30	Netra Tarpanam	30 min	\$ 54
31	Kseera Dhara	45 min	\$ 59
32	Kairali's Herbal Mukha-Abhyangam & Mukha-Lepam therapy	30 min	\$ 53
33	Kairali Fruit Mukha-Abhyangam & Mukha-Lepam therapy	30 min	\$ 53
34	Kairali's Navara Mukha-Abhyangam & Mukha-Lepam therapy	30 min	\$ 54
35	Kairali's Netra Upchar (Netra Dhara + Netra Tarpanam)	50 min	\$ 80
36	Kairali's Total Eye Care treatment	3 days · 120 min per day	\$ 214
37	Soothika Charya (post-natal care)	7 days · 120 min per day	\$ 571
38	Yoga session	60 min	\$ 57
39	Meditation session	60 min	\$ 57
40	OP consultation charge	—	\$ 29
41	Nursing charges	—	\$ 14

Items 36 and 37 are multi-day courses priced for the whole course. Items 40 and 41 are charged per visit.

Attending for day treatment

CONSULTATION FIRST

- An outpatient consultation (item 40) precedes any treatment on this list
- The physician's plan sets the treatments, their order and their number of sittings
- Internal medicines prescribed at consultation are dispensed from the hospital pharmacy and charged separately

RATES AND TAXES

- Rates are in US Dollars and effective from 1 October 2025; they may change under government policy
- Treatments under a prescribed plan are GST-exempt; treatments without a plan may attract GST at 18%

ON THE DAY

- No smoking, coffee, alcohol or substance use anywhere on the property
- Hospital guidelines apply to all patients and visitors

GETTING HERE

Olassery P.O., Kodumbu, Palakkad District. Palakkad railway station 25 km; Coimbatore airport ≈66 km · Cochin airport ≈114 km · Calicut airport ≈116 km. Transfers can be arranged on request. Approximate road distances; route-dependent. [Open in Google Maps ›](#) · [Route maps and directions ›](#) [Walk-in treatment online ›](#)

Class rates (items 43 to 50: yoga, meditation, cooking and Ayurveda classes) are published in Indian Rupees only and are therefore not listed in this US Dollars edition. Please refer to the INR edition or ask the reservations team.

Rates in this edition are published for settlement in US Dollars; they are not a conversion of the Indian Rupee list.



The Ayurvedic Healing Village

health through ayurveda ·
since 1908

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